

V.E.N.U.S.

Girl **B.O.S.S.**
BUILT ON SELF SUCCESS

A SOUND BODY IS A SOUND MIND

GUEST SPEAKER: MS. LESLIE

- LEARN DIFFERENT TYPES OF SELF-CARE
- LEARN THE BENEFITS OF HEALTHY LIFESTYLE CHOICES
- LEARN HOW TO ACHIEVE A HEALTHIER YOU IN MIND AND BODY

**THURSDAY
DECEMBER 3RD
3:00PM**

Register at:

www.mccc.edu/sssreg

